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**Accreditation Statement**

The University of California, Irvine School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Designation Statement**

The University of California, Irvine School of Medicine designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



The Physical Therapy Board of California recognizes UCI Health Rehabilitation Services as an approval agency. This course is approved for 0.625 CEUs or 6.25 contact hours.

Disclosure: Full disclosure information from all those in control of content will be provided to participants prior to the activity.

**UCI** School of Medicine  
Department of Orthopaedic Surgery



# Sports Medicine and Joint Preservation SYMPOSIUM

Friday, June 3, 2022

*Agenda*

**UCI** School of Medicine  
Department of Orthopaedic Surgery

# Program Agenda

- 8:00-8:05** **Welcome Remarks**  
Dean Wang, MD
- Session I: Cartilage Restoration and Joint Preservation**  
Moderator: Dean Wang, MD
- 8:05-8:20** **Cartilage Transplant, Results are Fantastic**  
Kristofer Jones, MD  
Associate Professor, UCLA  
Team Physician, UCLA Athletics  
Head Team Physician, Los Angeles Lakers
- 8:20-8:35** **Knee Osteotomy – Perspectives from a Traumatologist**  
John Scolaro, MD  
Associate Clinical Professor and Chief of Trauma, UCI
- 8:35-8:50** **Just Do Arthroplasty**  
Steven Yang, MD  
Assistant Clinical Professor, UCI  
Hip and Knee Arthroplasty
- 8:50-9:05** **Cartilage Repair in the Athletes' Ankle**  
Andrew Hsu, MD  
Associate Clinical Professor, Chief of Foot & Ankle, UCI
- 9:05-9:20** **Q&A and Case Based Presentations with Panel Discussion**
- Session II: The Athlete's Knee**  
Moderator: Tyler Johnston, MD
- 9:25-9:40** **ACL Reconstruction: What are We Getting Right and Wrong**  
Robert Grumet, MD  
Orthopaedic Specialty Institute  
Team Physician, Los Angeles Chargers
- 9:40-9:55** **Patellofemoral Treatment Challenges in the Adolescent Athlete**  
John Schlechter, DO, CHOC Children's
- 9:55-10:10** **Performance Training for the Young Athlete Following Knee Injury/Surgery**  
Mark Kirsch PT, MPT, Mariner's Physical Therapy
- 10:10-10:25** **Challenges in the Multiligament Knee**  
Dean Wang, MD  
Assistant Professor and Chief of Sports Medicine, UCI  
Head Team Orthopaedic Physician, UCI Athletics
- 10:25-10:40** **Q&A and Case Based Presentations with Panel Discussion**
- 10:40-10:50** **Coffee Break/Exhibit Viewing**
- Session III: The Athlete's Hip**  
Moderator: Dean Wang, MD
- 10:55-11:40** **Evolution of Hip Arthroscopy: Indications, Recent Advances, and What's Next?**  
Asheesh Bedi, MD  
Director of Sports Medicine and Joint Preservation, NorthShore Orthopaedic and Spine Institute  
Team Physician, Chicago Bears

- 11:40-11:55** **Return to Sport after PAO – It is Possible?**  
James Wylie, MD  
The Orthopaedic Specialty Hospital (TOSH), Utah  
Sports Medicine and Hip Preservation
- 11:55-12:10** **Management of In-Season Hip/Core Injuries**  
Bryan Strople PT, DPT, TPI M2 / Nathan Kindstrand PT, DPT, OCS, ATC, CSCS  
Huntington Beach & Tustin PT Specialists
- 12:10-12:25** **Q&A and Case Based Presentations with Panel Discussion**
- 12:25-1:25** **Lunch and Exhibit Viewing**
- Session IV: Shoulder Instability**  
Moderator: Dean Wang, MD
- 1:25-1:40** **First Time Dislocator: Arthroscopic Stabilization or Laterjet?**  
Tyler Johnston, MD  
Assistant Clinical Professor, UCI  
Team Physician, UCI Athletics
- 1:40-1:55** **Conservative Management: Can the Shoulder "Cope"**  
Jason Coble, PT, DPT, OCS  
Rehabilitation Services, UCI Health  
Team Physical Therapist, UCI Athletics
- 1:55-2:10** **Management of Bipolar Bone Loss**  
Ranjan Gupta, MD  
Professor and Chief of Shoulder Surgery, UCI
- 2:10-2:25** **Evaluation and Management of Shoulder Capsule Injuries**  
Christos Photopoulos, MD  
Kerlan-Jobe Institute  
Team Physician, Los Angeles Rams  
Team Physician, Los Angeles Dodgers
- 2:25-2:40** **Q&A and Case Based Presentations with Panel Discussion**
- Session V: Sideline Management in Sports Medicine**  
Moderator: Tyler Johnston, MD
- 2:45-3:00** **The Importance of the Athletic Trainer-Physician Relationship**  
Brian Gallagher, MA, ATC  
Athletic Trainer, UCI  
Former Associate Director of Athletic Training, Stanford Football
- 3:00-3:15** **Concussion Management on the Sideline**  
Christopher Kroner, MD, MPH  
Associate Professor, UCI  
Team Physician, Anaheim Ducks  
Team Physician, UCI Athletics
- 3:15-3:30** **Spine Injury Management on the Sideline**  
Nitin Bhatia, MD  
Professor, Chief of Spine, and Chairman, UCI
- Adjourn

## Course Co-Chairs

Dean Wang, MD and John Scolaro, MD, MA



## Distinguished Visiting Professor



**Asheesh Bedi, MD**  
Director, Sports Medicine and Joint Preservation  
NorthShore Orthopedic and Spine Institute

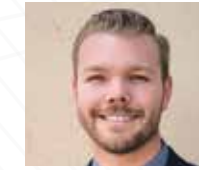
## Visiting Faculty



**Robert Grumet, MD**  
Orthopaedic Specialty Institute  
Team Physician, Los Angeles Chargers



**Kristofer Jones, MD**  
Associate Professor  
Department of Orthopaedic Surgery  
University of California, Los Angeles  
Team Physician, UCLA Athletics  
Head Team Physician, Los Angeles Lakers



**Nathan Kindstrand, PT, DPT, OCS, ATC, CSCS**  
Director of Physical Therapy  
Tustin Physical Therapy Specialists



**Mark Kirsch, PT, MPT**  
Mariner's Physical Therapy



**Christos Photopoulos, MD**  
Kerlan-Jobe Institute  
Team Physician, Los Angeles Rams  
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**John Schlechter, DO**  
CHOC Children's



**Bryan Strople, PT, DPT, TPI M2**  
Huntington Beach Physical Therapy  
Specialists



**James Wylie, MD**  
The Orthopaedic Specialty Hospital (TOSH), Utah  
Sports Medicine and Hip Preservation

## UCI Faculty



**Nitin N. Bhatia, MD**  
Professor, Chair and  
Chief of Spine Surgery  
Department of Orthopaedic Surgery  
University of California, Irvine



**Jason Coble, PT, DPT, OCS**  
Physical Therapist III  
Department of Physical Therapy  
University of California, Irvine



**Brian Gallagher, MA, ATC**  
Athletic Trainer  
University of California, Irvine



**Ranjan Gupta, MD**  
Professor and Chief of Shoulder Surgery  
Departments of Orthopaedic Surgery  
University of California, Irvine



**Andrew R. Hsu, MD**  
Associate Clinical Professor  
Chief of Foot & Ankle  
Department of Orthopaedic Surgery  
University of California, Irvine



**Tyler R. Johnston, MD**  
Assistant Clinical Professor  
Department of Orthopaedic Surgery  
University of California, Irvine  
Team Physician, UCI Athletics



**Christopher Kroner, MD, MPH**  
Associate Clinical Professor  
Chief of Primary Care Sports Medicine  
Department of Family Medicine  
University of California, Irvine



**Steven Yang, MD**  
Assistant Clinical Professor  
Department of Orthopaedic Surgery  
University of California, Irvine